

SUDAFED®

NATURAL RELIEF

Blocked Nose Spray
Isotonic saline solution

1 What SUDAFED® Natural Relief Blocked Nose Spray is for

SUDAFED® Natural Relief Blocked Nose Spray is suitable for infants, babies, children, pregnant women and adults.

SUDAFED® Natural Relief Blocked Nose Spray is a preservative-free isotonic saline solution used for treating blocked, dry or irritated nasal passages caused by allergy including hay fever, cold and flu, sinusitis, and post-nasal surgery. It works by rinsing and restoring moisture to the nasal passages/mucosa.

ALLERGY including HAY FEVER

SUDAFED® Natural Relief Blocked Nose Spray when regularly used will assist in washing away irritants that trigger allergies e.g. hay fever. By cleaning the nasal tissue, it washes away the irritants and so helps to minimise the symptoms associated with allergy, such as a runny or blocked nose and restore the normal cleaning function of the mucous membranes of the nose.

COLD AND FLU

When suffering from cold and flu your nasal lining becomes irritated which leads to production of more mucus than normal resulting in a runny and blocked nose. SUDAFED® Natural Relief Blocked Nose Spray helps reduce nasal congestion by thinning the mucus and rinsing it away.

SUDAFED® Natural Relief Blocked Nose Spray can aid with feeding and sleeping for infants and babies suffering from cold and flu as it acts to gently

wash away the mucus that causes the blocked nose allowing your child to breathe more easily.

SINUSITIS

SUDAFED® Natural Relief Blocked Nose Spray provides temporary relief of nasal congestion associated with sinusitis by effectively thinning and flushing away the mucus that causes the blocked nose.

POST-NASAL SURGERY

SUDAFED® Natural Relief Blocked Nose Spray will help remove dry blood and mucus crusts following nasal surgery.

2 How to use SUDAFED® Natural Relief Blocked Nose Spray

Follow the instructions below to ensure that you use SUDAFED® Natural Relief Blocked Nose Spray correctly:

- For nasal use only.

Warnings

- Keep out of the sight and reach of children.
- Do not use SUDAFED® Natural Relief Blocked Nose Spray if you have known hypersensitivity to sodium chloride or to any of the other ingredients.
- One bottle should be used only by the same person as the use of this dispenser by more than one person may spread infection.
- If symptoms persist after 14 days, or worsen, or if new symptoms occur, stop use and consult a healthcare professional.

In the case of any serious incident that occurs with this product, please report this to the manufacturer and to your government's health authority.

You can also report side-effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side-effects you can help provide more information on the safety of this medical device.

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First use

- Do not use if the packaging is damaged before opening.
- Remove the protective cap.
- To make sure your pump is working, test spray into the air before you use it for the first time and whenever you have not used it for a week or more.
- Hold the bottle away from you and press down until you can see a fine mist.

Infants and babies up to 2 years

- Lay your child down and turn their head to one side.
- Insert nozzle into nostril and press the spray head once.
- Remove nozzle from the nostril and return the bottle to vertical position, pump once to refill the pump mechanism.
- Repeat the application in the other nostril.

Children over 2 years and adults

- Insert the nozzle into the nostril. Keep the bottle vertical.
- Spray deep into the nostril by pressing the spray head once. It is recommended to breathe in through this nostril while holding the other closed.
- Repeat the application in the other nostril.

Check the table below to see how much to use.

Infants and babies up to 2 years	One spray into each nostril as required
Children over 2 years and adults	One to two sprays into each nostril as required

After using your nasal spray

Wipe the nozzle with a clean tissue and put the protective cap back on.

3 Storing SUDAFED® Natural Relief Blocked Nose Spray

Store below 25°C.

Keep out of the sight and reach of children.

Do not use after the date shown as an expiry date on the packaging. The expiry date refers to the last day of the month.

Note the date of first opening on the container.

Discard 12 weeks after first opening.

4 Further Information

What's in SUDAFED® Natural Relief Blocked Nose Spray?

INGREDIENTS : Aqua, sodium chloride (0.8%), calcium chloride, potassium chloride, magnesium chloride, sodium bicarbonate. [PR-016807].

Each bottle contains approximately 100 sprays.

15ml

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Symbol definitions:

Manufacturer: 

Batch code: 

Use-by date: 

Sterilised using aseptic processing techniques: 

Medical device: 

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