Paracetamol Eff 500mg Tablets (16, 24 & 60 Tablets) packinsert keylines front side No printing area Paracetamol/caffeine (16 & 24 tab.) GSM paper : NLT 60qsm 9 mm Pharmacode Paracetamol/caffeine/Codeine (32 tab.) 26/03/2014 Size - 297 x 210 mm OPP inventory code & artwork representation as XXXXXXX

XX

space for

System

PATIENT INFORMATION LEAFLET Parasolve 500mg Effervescent Tablets (paracetamol) on: The name of this medicine is Parasolve 500mg Effervescent Tablets (paracetamol), which will be referred to as Parasolve Effervescent throughout this leaflet. • colestyramine (used to treat high cholesterol) • blood thinning medicines (anticoagulants) such as warfarin Read all of this leaflet carefully because it contains important information for you. chloramphenical an antibiotic to treat eye infections • This medicine is available without prescription. However, you still need to use Parasolve Effervescent carefully to get the best results from it. Please inform your doctor or pharmacist if you are taking: Keep this leaflet. You may need to read it again. Ask your pharmacist if you need more information or advice. You must contact a doctor if your symptoms worsen or do not improve after three days. If any of the side effects gets serious, or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist. if the maximum daily doses of paracetamol are used. In this leaflet: 1. What Parasolve Effervescent is and what it is used for decide what is suitable for you. 2. Before you take Parasolve Effervescent Taking your medicine with food and drink 3. How to take Parasolve Effervescent 4. Possible side effects without a meal. 5. How to store Parasolve Effervescent Pregnancy and breast-feeding 6. Further information 10 mm free 🦯 Laetus Pharmacode 1. WHAT PARASOLVE EFFERVESCENT IS AND WHAT IT IS USED FOR need to take the medicine more often The active ingredient in Parasolve Effervescent is paracetamol. Parasolve Effervescent is used to relieve pain, including muscular and rheumatic pains, headache, migraine, Driving and using machinery neuralgia (severe burning or stabbing pain following the line of a nerve), toothache, sore throat, period pains, aches and pains, discomfort associated with influenza (flu), feel dizzy or drowsy do not drive or operate machinery. feverishness and feverish colds.

# 2. BEFORE YOU TAKE PARASOLVE EFFERVESCENT

#### Do not take Parasolve Effervescent if you:

- are allergic (hypersensitive) to paracetamol or any of the other ingredients in the tablets (these are listed in Section 6, Further Information)
- are already taking other medicines containing paracetamol

### Take special care with Parasolve Effervescent if:

- you have kidney or liver problems, including alcoholic liver disease
- you have non-serious arthritis
- taking a painkiller for headaches too often or for too long can make them worse.

#### Taking other medicines

**Do not** take these tablets if you are already taking other medicines containing paracetamol.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Certain medicines can interfere with the effectiveness of each other. It is particularly important to tell your doctor or pharmacist before taking this medicine if you are also

- metoclopramide or domperidone (often taken for sickness or stomach problems)
- flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (high anion gap metabolic acidosis) that must have urgent treatment and which may occur particularly in case of severe renal impairment, sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), malnutrition, chronic alcoholism, and

It may still be all right for you to take Parasolve Effervescent and your doctor will be able to

Paracetamol should be dissolved in at least half a glass of water and can be taken with or

If necessary, Paracetamol can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor or midwife if the pain and/or fever are not reduced or if you

The effect of paracetamol on the ability to drive and operate machinery is not known. If you

### Important information about some of the ingredients of Parasolve Effervescent

The maximum recommended daily dose of this medicinal product contains 438mg sodium (found in table salt). This is equivalent to 22% of the adult recommended maximum daily dietary intake for sodium.

Talk to your pharmacist or doctor if you need Paracetamol Effervescent on a daily basis for a prolonged period of time, especially if you have been advised to have a low salt diet.

This medicine contains 20mg aspartame in each tablet of 500mg Paracetamol which is equivalent to 6.13mg/g.

Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

# 3. HOW TO TAKE PARASOLVE EFFERVESCENT

Do not exceed the recommended doses. If painful symptoms are not relieved in a few days, consult your doctor. XXXXXXX

BXP066BPG

XX

Ρh

Pharmacode

Paracetamol Eff 500mg Tablets (16, 24 & 60 Tablets) packinsert keylines front side Paracetamol/caffeine (16 & 24 tab.) Paracetamol/caffeine/Codeine (32 tab.) Size - 297 x 210 mm OPP inventory code & artwork representation as XXXXXXX XX

Customer: Kent Pharma UK Ltd - PL 51463/0032 Change: Excipients Update Code: BXP066BPG Colour: Pantone Black C Size: 210 x 297 mm Proof: 1 Date: 16/08/2023 KBN (AWG)

# Pharmacode

Take 1 or 2 tablets up to 4 times a day, or as instructed by your doctor. Children 12-15 years of age: One tablet maximum. The dose should not be repeated more frequently than every 4 hours, and not more than 4 doses should be taken in any 24-hour period.

Do not continue to take these tablets for more than 3 days unless instructed by your doctor.

## Not recommended for children under 12 years of age.

거 The usual doses for Parasolve Effervescent are as follows:

### Method of Administration

Adults and children over 16 years:

Dosage

For oral administration only. These tablets should be dissolved in at least half a glass of water before taking them. These tablets are meant to be dissolved first so don't try to swallow them whole. Stir before use.

## If you take more Parasolve Effervescent than you should:

Talk to a doctor at once if you take too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage. Remember to take the pack and any remaining tablets with you.

If you have any further questions about this product ask your doctor or pharmacist

# 4. POSSIBLE SIDE EFFECTS

Like all medicines, Parasolve Effervescent can cause side effects although not everybody gets them. If you get any of the following symptoms after taking these tablets, you should contact your doctor immediately:

- any sudden wheeziness, difficulty in breathing or dizziness, swelling of the evelids, face, lips or throat
- an acute allergic reaction (anaphylaxis) or swelling of the skin

The following side effects have also been reported:

- Very rare cases of serious skin reactions have been reported.
- Very rare reports of blood problems, so if you notice unusual bleeding, you bruise more easily than normal, or you seem to be more susceptible to infections than usual, tell your doctor as soon as possible.
- Yellowing of the skin or eyes, pale stools or upper abdominal pain (these may be signs of liver problems so tell your doctor if this happens to you) blood tests may show abnormal liver function.

### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible Side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card 3 in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

# 5. HOW TO STORE PARASOLVE EFFERVESCENT

Do not store your tablets above 25°C. Store in the original package and protect from moisture.

Do not take this medicine after the expiry date stated on the carton. The expiry date refers to the last day of that month.

# Keep all medicines out of the sight and reach of children.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

# 6. FURTHER INFORMATION

# What Parasolve Effervescent 500mg Tablets contain:

The active ingredient is paracetamol. Each tablet contains 500 mg paracetamol.

carbonate (E500), saccharin sodium, anhydrous sodium carbonate, simeticone (E900), polysorbate 80 (E433), aspartame (E951) (a source of phenylalanine). Each tablet contains 438 mg of sodium.

## What Parasolve Effervescent 500mg Tablets look like and the contents of the pack:

Parasolve Effervescent are white, circular effervescent tablets.

Your medicine is available in blister packs of 12, 16, 24, 28 and 30 tablets (not all pack sizes may be marketed).

### Marketing Authorisation Holder:

Kent Pharma UK Limited, 2nd Floor, Connect 38, 1 Dover Place, Ashford, Kent, England, TN23 1FB.

# Manufacturer responsible for batch release:

Kent Pharmaceuticals Limited, Repton Road, Measham, DE12 7DT, U.K.

This leaflet was last approved in August 2023.

BXP066BPG

XXXXXXX

XX

The other ingredients are anhydrous citric acid (E330), povidone, sodium hydrogen