

Paracetamol Eff 500mg Tablets (16, 24 & 60 Tablets) packinsert keylines front side  
Paracetamol/caffeine (16 & 24 tab.)  
Paracetamol/caffeine/Codeine (32 tab.)  
Size - 297 x 210 mm  
OPP inventory code & artwork representation as  
xxxxxxx  
xx

No printing area

26/03/2014

9 mm Pharmacode

GSM paper : NLT 60gsm

Customer: Kent Pharma UK Ltd - PL 51463/0032  
Change: Excipients Update  
Code: BXP066BPG  
Colour: Pantone Black C  
Size: 210 x 297 mm Proof: 1  
Date: 16/08/2023 KBN (AWG)

Pharmacode

## PATIENT INFORMATION LEAFLET

### Parasolve 500mg Effervescent Tablets (paracetamol)

The name of this medicine is Parasolve 500mg Effervescent Tablets (paracetamol), which will be referred to as Parasolve Effervescent throughout this leaflet.

#### Read all of this leaflet carefully because it contains important information for you.

- This medicine is available without prescription. However, you still need to use Parasolve Effervescent carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after three days.
- If any of the side effects gets serious, or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

#### In this leaflet:

1. What Parasolve Effervescent is and what it is used for
2. Before you take Parasolve Effervescent
3. How to take Parasolve Effervescent
4. Possible side effects
5. How to store Parasolve Effervescent
6. Further information

### 1. WHAT PARASOLVE EFFERVESCENT IS AND WHAT IT IS USED FOR

The active ingredient in Parasolve Effervescent is paracetamol. Parasolve Effervescent is used to relieve pain, including muscular and rheumatic pains, headache, migraine, neuralgia (severe burning or stabbing pain following the line of a nerve), toothache, sore throat, period pains, aches and pains, discomfort associated with influenza (flu), feverishness and feverish colds.

### 2. BEFORE YOU TAKE PARASOLVE EFFERVESCENT

#### Do not take Parasolve Effervescent if you:

- are **allergic (hypersensitive)** to **paracetamol** or any of the **other ingredients** in the tablets (these are listed in Section 6, Further Information)
- are already taking **other medicines containing paracetamol**

#### Take special care with Parasolve Effervescent if:

- you have kidney or liver problems, including alcoholic liver disease
- you have non-serious arthritis
- taking a painkiller for headaches too often or for too long can make them worse.

#### Taking other medicines

**Do not** take these tablets if you are already taking other medicines containing paracetamol.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Certain medicines can interfere with the effectiveness of each other. It is particularly important to tell your doctor or pharmacist before taking this medicine if you are also on:

- metoclopramide or domperidone (often taken for sickness or stomach problems)
- colestyramine (used to treat high cholesterol)
- blood thinning medicines (anticoagulants) such as warfarin
- chloramphenical an antibiotic to treat eye infections

Please inform your doctor or pharmacist if you are taking:

- flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (high anion gap metabolic acidosis) that must have urgent treatment and which may occur particularly in case of severe renal impairment, sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), malnutrition, chronic alcoholism, and if the maximum daily doses of paracetamol are used.

It may still be all right for you to take Parasolve Effervescent and your doctor will be able to decide what is suitable for you.

#### Taking your medicine with food and drink

Paracetamol should be dissolved in at least half a glass of water and can be taken with or without a meal.

#### Pregnancy and breast-feeding

If necessary, Paracetamol can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor or midwife if the pain and/or fever are not reduced or if you need to take the medicine more often.

#### Driving and using machinery

The effect of paracetamol on the ability to drive and operate machinery is not known. If you feel dizzy or drowsy do not drive or operate machinery.

#### Important information about some of the ingredients of Parasolve Effervescent

The maximum recommended daily dose of this medicinal product contains 438mg sodium (found in table salt). This is equivalent to 22% of the adult recommended maximum daily dietary intake for sodium.

Talk to your pharmacist or doctor if you need Paracetamol Effervescent on a daily basis for a prolonged period of time, especially if you have been advised to have a low salt diet.

This medicine contains 20mg aspartame in each tablet of 500mg Paracetamol which is equivalent to 6.13mg/g.

Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

### 3. HOW TO TAKE PARASOLVE EFFERVESCENT

**Do not exceed the recommended doses.** If painful symptoms are not relieved

in a few days, consult your doctor.

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### 5. HOW TO STORE PARASOLVE EFFERVESCENT

Do not store your tablets above 25°C. Store in the original package and protect from moisture.

Do not take this medicine after the expiry date stated on the carton. The expiry date refers to the last day of that month.

#### Keep all medicines out of the sight and reach of children.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6. FURTHER INFORMATION

#### What Parasolve Effervescent 500mg Tablets contain:

The active ingredient is paracetamol. Each tablet contains 500 mg paracetamol.

The other ingredients are anhydrous citric acid (E330), povidone, sodium hydrogen carbonate (E500), saccharin sodium, anhydrous sodium carbonate, simeticone (E900), polysorbate 80 (E433), aspartame (E951) (a source of phenylalanine). Each tablet contains 438 mg of sodium.

#### What Parasolve Effervescent 500mg Tablets look like and the contents of the pack:

Parasolve Effervescent are white, circular effervescent tablets. Your medicine is available in blister packs of 12, 16, 24, 28 and 30 tablets (not all pack sizes may be marketed).

#### Marketing Authorisation Holder:

Kent Pharma UK Limited, 2nd Floor, Connect 38, 1 Dover Place, Ashford, Kent, England, TN23 1FB.

#### Manufacturer responsible for batch release:

Kent Pharmaceuticals Limited, Repton Road, Measham, DE12 7DT, U.K.

This leaflet was last approved in August 2023.

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