

	UNIT	per 100ml	per 400ml
Energy:	kcal	50	200
	kJ	215	860
Protein:	g	-	-
Carbohydrate:	g	12.6	50.4
	polysaccharides	g	10
sugars	g	2.1	8.4
lactose	g	-	-
% of total energy	%	100	100
Fat:	g	-	-
Dietary fibre:	g	-	-
Minerals:			
sodium	mg (mmol)	50 (2.2)	200 (8.6)
potassium	mg (mmol)	122 (3.1)	488 (12.2)
chloride	mg (mmol)	6 (0.2)	24 (0.7)
calcium	mg (mmol)	6 (0.1)	24 (0.2)
phosphorus	mg (mmol)	1 (0.0)	4 (0.1)
magnesium	mg (mmol)	1 (0.0)	4 (0.2)
Water:			
osmolarity	mOsmol/l	240	240
osmolality	mOsm/kgH ₂ O	260	260
potential renal solute load	mOsmol/l	55	55
acidity	pH	4.9	4.9

Description

Nutricia preOp is a Food for Special Medical Purposes for use under medical supervision. Nutricia preOp is a 0.5kcal/ml, clear, non-carbonated, lemon flavoured, iso-osmolar carbohydrate drink. Nutricia preOp is designed to switch patients from a fasted to a fed state prior to surgery. It has been shown to moderate metabolic responses to surgery, improve well-being, decrease post-operative insulin resistance and attenuate loss of lean body mass*. Nutricia preOp is available in a 200ml carton.

Indications:

For enteral use only. Safe to use up to 2 hours before surgery*. For the preoperative dietary management of surgical patients.

Contraindications:

Not for intravenous use. Not suitable for infants. Not suitable for use in emergency surgery and patients with delayed gastric emptying.

Precautions:

Not suitable as a sole source of nutrition. Use with caution in children and patients with diabetes.

Directions for use:

Patients on morning surgical list:
 Loading dose: 4 x 200ml the evening before surgery
 Final dose: 2 x 200ml in the morning up to 2 hr before anaesthesia
 Patients on afternoon surgical list:
 Loading dose: 4 x 200ml the morning of surgery
 Final dose: 2 x 200ml up to 2 hr before anaesthesia
 Nutricia preOp is ready to drink and is best served chilled.
 Shake well before use.

Storage:

Store in a dry, cool place (5-25°C). Once opened store in a refrigerator for a maximum of 24 hours.

Shelf life:

15 months. Best before date: see top of carton.

Ingredients:

Water, maltodextrin, fructose, tri potassium citrate, tri sodium citrate, acidity regulator (citric acid), flavour (lemon), sweetener (acesulfame K), sweetener (sodium saccharine).

NUTRICIA PREOP IS GLUTEN, LACTOSE, AND FIBRE FREE.

* References available on request.