

Benadryl®

Allergy

RELIEF

Acrivastine

- This medicine is used to relieve the symptoms of hay fever and other allergic conditions such as pet allergies, dust allergies and skin reactions.
- This medicine is for use by adults and children aged 12 – 65 years.
- **Do not take this medicine:**
 - There are some people who should not use this medicine. To find out if you are one of them *See Section 2* ▶
 - If you have ever had a **bad reaction** to any of the ingredients or any other antihistamine. *See Section 6 for the list of ingredients* ▶
- **Speak to your doctor:**
 - If you are taking any other medicines. *See Section 2* ▶
- **Follow the dosage instructions carefully.** *See Section 3* ▶

Now read this whole leaflet carefully before you use this medicine. Keep the leaflet: you might need it again.

1 What the medicine is for

Benadryl Allergy Relief is a medicine which are used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies. The capsules contain acrivastine which is an antihistamine that helps relieve allergy symptoms such as sneezing, runny nose and watery eyes.

It can also be used to treat the symptoms of urticaria, also known as hives, where the skin looks blotchy with white raised wheals (bumps) surrounded by redness. This medicine is for use in adults under 65 years old and children aged 12 years and over.

2 Before taking this medicine

This medicine is suitable for most adults under 65 years old and children aged 12 years and over but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

X Do not take this medicine...

- If you have ever had a **bad reaction** to any of the ingredients, or to the antihistamine *triprolidine*.
- If you have **kidney disease**.

If any of these apply to you, **get advice from a doctor or pharmacist without taking Benadryl Allergy Relief.**

! Talk to your doctor or pharmacist...

- If you are taking any **other medicines**, including:
 - *Sedatives or tranquillisers* (used to treat **anxiety** or **sleep disorders**).
 - *Ketoconazole* (an antifungal used to treat **fungal infections**).
 - *Erythromycin* (an antibiotic used to treat **bacterial infections**).

If you are not sure about any of the medicines you are taking, show the bottle or pack to your pharmacist.

If any of these bullet points apply to you now or in the past, **talk to a doctor or pharmacist.**

- !** **If you are pregnant or breast-feeding**
 - Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

! Special warnings about this medicine

- Do not drink **grapefruit juice** while taking Benadryl Allergy Relief.
- In most people this product does not cause drowsiness. However, there are rare exceptions and you should take care when you use this product for the first time. If this product makes you feel drowsy, do not drive or operate machinery.
- As with all antihistamines, it is advisable to avoid excessive alcohol consumption when taking this medicine.

! Some of the ingredients can cause problems

- This product contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

3 How to take this medicine

Check the table over the page to see how much medicine to take.

- For oral use only.
- Do not take more than the stated dose shown in the table.

i Children under 12 years old

This medicine is not recommended for children aged under 12 years.

turn over ▶

i Adults and Children 12 – 65 years old

| Age | Dose |
|---------------------------------|--------------------------------|
| Adults and children 12-65 years | 1 capsule up to 3 times a day. |

- Do not take more than 3 doses in 24 hours.
- If symptoms persist talk to your doctor.

i Adults over 65 years

This medicine is not recommended for adults aged over 65 years old.

! If anyone has too much

If anyone has too much contact a doctor or your nearest Accident and Emergency Department (Casualty) taking this leaflet and pack with you.

! If you forget to take the medicine

If you forget to take a dose, take the next dose when needed provided that you only take a maximum of 3 capsules in 24 hours. **Do not** take a double dose.

4 Possible side-effects

Benadryl Allergy Relief can have side-effects, like all medicines, although these are rare and are usually mild.

Side-effects which may occur include:

- In most people this product does not cause drowsiness. However, there are rare exceptions and you should take care when you use this product for the first time.

If you experience any side-effects not included in this leaflet or are not sure about anything, **talk to your doctor or pharmacist.**

5 Storing this medicine

Store below 30°C.

Keep the product dry and store in the original packaging. Keep this product out of the reach and sight of children.

Do not use after the date shown as an expiry date on the packaging.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

6 Further Information

What's in this medicine?

The active ingredients in Benadryl Allergy Relief are: 8 mg Acrivastine in each capsule.

Other ingredients are: Lactose, sodium starch glycollate, magnesium stearate, gelatin, colouring (E171) and purified water.

What the medicine looks like

Benadryl Allergy Relief are white capsules available in packs of 12 or 24 capsules.

Product Licence holder:

McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

Manufacturer:

Janssen Cilag, Domaine de Maigremont, 27100 Val de Reuil, France.

This leaflet was revised November 2011.

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