

# ActaSolve<sup>®</sup> DELIGHT



## ORDER CODES

Flavour	Pip-code
Mixed Berries	413 - 6305
Butterscotch	413 - 6313
Lemon	413 - 6339
Starter Pack	413 - 6354

## DESCRIPTION

AYMES ActaSolve Delight is a Food for Special Medical Purposes. AYMES ActaSolve Delight is a powder, based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced dessert style supplement when mixed with whole milk. AYMES ActaSolve Delight is designed for the dietary management of patients with or at risk of disease-related malnutrition.

## PRESENTATION

AYMES ActaSolve Delight is presented as a carton containing 7 x 57g sachets. It is available in 3 flavours: Mixed Berries, Butterscotch and Lemon. It is also available as a Starter Pack containing 3 x 57g mixed flavour sachets including a shaker.

## INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

## DIRECTIONS FOR USE

*Instructions for mixing AYMES ActaSolve Delight:*

1. First, add 75ml of whole milk to a bowl, and then the contents of one sachet of AYMES ActaSolve Delight.
2. Stir the powder and milk together then whisk vigorously until fully mixed for at least 30 seconds. It is important to whisk vigorously as this will ensure that the product mixes evenly.
3. Leave to stand for at least 15 minutes\* to allow it to set.
4. Consume immediately.

AYMES ActaSolve Delight may also be prepared in a shaker:

1. First, add 75ml of whole milk to the shaker, and then the contents of one sachet of AYMES ActaSolve Delight.
2. Shake vigorously until fully mixed for at least 30 seconds. It is important to shake vigorously as this will ensure that the product mixes evenly.
3. Decant into serving bowl or glass if desired.
4. Leave to stand for at least 15 minutes\* to allow it to set.
5. Consume immediately.

Timings can vary slightly depending on the temperature of the milk used. We always recommend using chilled whole milk.

\*Once set AYMES ActaSolve Delight will continue to thicken further on standing.

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

### IMPORTANT NOTICE

Use under medical supervision.

Not suitable as a sole source of nutrition.

For enteral use only.

Not suitable for children under 1 years of age.

Due to the thickening nature of AYMES ActaSolve Delight on mixing with liquid / secretions, the powder presents a potential risk of aspiration / asphyxiation if inhaled / ingested directly.

## CONTRAINDICATIONS

Not suitable for patients with soya or cows' milk intolerance or for those with galactosaemia.

## PRECAUTIONS

Only to be used as a supplement to the normal diet.  
Use with caution in children under 6 years of age.

## STORAGE

Store in a cool, dry place, below 25°C

## SHELF LIFE

24 months

## INGREDIENTS

### MIXED BERRIES

Skimmed Milk Powder, Dried Glucose Syrup, Sugar, Palm Fat, Modified Maize Starch, Maltodextrin, Emulsifiers: E472b, E472e, E471, Lecithins (Containing Soy), Colours: Beetroot Red, Anthocyanins, Gelling Agent: Carrageenan, Flavouring, Milk Protein, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D3, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K1, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Stabiliser: Potassium Phosphates.

### BUTTERSCOTCH

Skimmed Milk Powder, Dried Glucose Syrup, Sugar, Palm Fat, Modified Maize Starch, Maltodextrin, Emulsifiers: E472b, E472e, E471, Lecithins (Containing Soy), Gelling Agent: Carrageenan, Milk Protein, Caramelised Sugar, Natural Flavouring, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D3, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K1, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Colours: Carotenes, Curcumin, Stabiliser: Potassium Phosphates.

### LEMON

Skimmed Milk Powder, Dried Glucose Syrup, Palm Fat, Sugar, Modified Maize Starch, Maltodextrin, Emulsifiers: E472b, E472e, E471, Lecithins (Containing Soy), Gelling Agent: Carrageenan, Milk Protein, Natural Lemon Flavouring, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D3, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K1, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Stabiliser: Potassium Phosphates, Colour: Curcumin.

May contain: Egg, Celery, Mustard, Sulphite.

All flavours of AYMES ActaSolve Delight are suitable for vegetarian, gluten free and halal diets.

## OTHER INFORMATION\*

Protein	%	15
Energy Distribution	Carbohydrate	% 52
	Fat	% 33
Non-Protein Calories: Nitrogen Ratio	kcal/g	142:1

\*Based on Butterscotch Flavour (reconstituted as per instructions) - the other flavours are similar, for details please contact AYMES<sup>®</sup> International.

## NUTRITIONAL COMPOSITION

Flavour	MIXED BERRIES		BUTTERSCOTCH		LEMON	
	Per 100g powder	Per serving 57g + 75ml whole milk	Per 100g powder	Per serving 57g + 75ml whole milk	Per 100g powder	Per serving 57g + 75ml whole milk
Typical values						
Energy	kJ	1855	1270	1857	1270	1856
	kcal	441	302	441	302	441
Fat	g	14.5	11.3	14.5	11.3	14.5
of which: saturates	g	9.8	7.5	9.8	7.5	9.8
polyunsaturates	g	1.6	0.6	1.6	0.6	1.6
Carbohydrate	g	62.0	38.7	62.0	38.7	62.0
of which: sugars	g	38.0	25.0	38.6	25.3	34.8
lactose	g	21.2	15.5	20.5	15.1	20.2
sucrose	g	13.0	7.4	13.5	7.7	9.0
maltose	g	2.0	1.1	2.0	1.1	2.5
glucose	g	1.3	0.8	1.4	0.8	1.7
polysaccharides	g	24.4	13.9	24.0	13.7	27.8
Fibre	g	0.9	0.5	0.9	0.5	0.9
Protein	g	15.3	11.3	15.2	11.2	15.2
Nitrogen	g	2.4	1.8	2.4	1.8	2.4
Salt	g	0.66	0.46	0.64	0.40	0.64
<b>Vitamins</b>						
Vitamin A (RE)	µg	679	413	679	413	679
Vitamin D	µg	9.7	5.5	9.7	5.5	9.7
Vitamin E (α-TE)	mg	8.9	5.1	8.9	5.1	8.9
Vitamin K	µg	53.0	30.0	53.0	30.0	53.0
Vitamin C	mg	59.0	35.0	59.0	35.0	59.0
Thiamin	mg	1.4	0.8	1.4	0.8	1.4
Riboflavin	mg	1.5	1.0	1.5	1.0	1.5
Vitamin B6	mg	2.0	1.2	2.0	1.2	2.0
Niacin (NE)	mg	12.4	7.2	12.4	7.2	12.4
Folic acid	µg	202	121	200	120	202
Vitamin B12	µg	1.9	1.8	1.9	1.8	1.9
Pantothenic acid	mg	5.4	3.5	5.4	3.5	5.4
Biotin	µg	30.3	20.7	30.3	20.7	30.3
<b>Minerals</b>						
Sodium	mg	260	181	260	181	260
	mmol	11.3	7.7	11.3	7.7	11.3
Chloride	mg	407	300	405	300	405
	mmol	11.4	8.4	11.4	8.4	11.4
Potassium	mg	676	505	676	505	676
	mmol	17.4	12.9	17.4	12.9	17.4
Calcium	mg	544	401	544	401	544
	mmol	13.6	10.0	13.6	10.0	13.6
Phosphorus	mg	433	319	433	319	433
	mmol	13.9	10.1	13.9	10.1	13.9
Magnesium	mg	78.0	53.0	78.0	53.0	78.0
	mmol	3.2	2.2	3.2	2.2	3.2
Iron	mg	6.8	3.9	6.8	3.9	6.8
Zinc	mg	4.7	3.0	4.7	3.0	4.7
Copper	µg	530	302	530	302	530
Iodine	µg	124	95.0	124	95.0	124
Selenium	µg	18.7	11.6	18.7	11.6	18.7
Manganese	mg	0.61	0.35	0.61	0.35	0.61
Chromium	µg	7.0	4.0	7.0	4.0	7.0
Molybdenum	µg	16.0	9.1	16.0	9.1	16.0