

# Actagain 1.5 COMPLETE



## ORDER CODES

Flavour	Pip-code
Banana Milkshake	413 - 1397
Double Chocolate	413 - 1421
Strawberry Burst	413 - 1413
Smooth Vanilla	413 - 1405
Starter Pack	388 - 6439

## DESCRIPTION

Actagain 1.5 Complete is a Food for Special Medical Purposes. Actagain 1.5 Complete is a nutritionally complete, high energy (1.5kcal/ml), ready to drink, milkshake style supplement, for the dietary management of patients with or at risk of disease-related malnutrition.

## PRESENTATION

Actagain 1.5 Complete is presented in 200ml bottle and is available in four flavours: Smooth Vanilla, Strawberry Burst, Banana Milkshake and Double Chocolate. It is also available as a starter pack containing 4 x 200ml bottles - one of each flavour.

## INDICATIONS FOR USE

Actagain 1.5 Complete is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related-malnutrition. Actagain 1.5 Complete is suitable as a supplement to the diet or as a sole source of nutrition\*

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, dysphagia and disease-related malnutrition.

\*Nutritionally complete for vitamins and minerals (excluding electrolytes; sodium, potassium, magnesium and chloride) in 1000mls (5 bottles), calculated using the UK Reference Nutrient Intakes for men aged 19-50 years. Referral to a dietitian is recommended when there is any doubt about an individual patient's nutritional requirements.

## DIRECTIONS FOR USE

- Shake well before use
- Best served chilled but may also be served at room temperature
- Once opened, consume immediately or refrigerate and use within 24 hours.

✓ **Gluten free**

## SUGGESTED INTAKE

Dosage should be determined by a clinician or dietitian and is dependent on the age, bodyweight and medical condition of the patient.

## IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

Actagain 1.5 Complete is designed as a supplement to a normal diet and is suitable as a sole source of nutrition.

Not suitable in children under 11 years as a sole source of nutrition.

Not suitable for children under 3 years of age.

## PRECAUTIONS

Not suitable in children under 11 years as a sole source of nutrition, and do not use for children under 3 years of age.

## STORAGE

Store in a cool, dry place, below 25°C.

## SHELF LIFE

12 months.

## CONTRAINDICATIONS

Not suitable for patients with galactosaemia. Double Chocolate flavour is not suitable for patients requiring a strict fibre free diet.

## INGREDIENTS

### BANANA MILKSHAKE

Water, Maltodextrin, Milk proteins, Vegetable oils (Rapeseed, Sunflower), Sugar, Sodium citrate, Potassium chloride, Potassium citrate, Magnesium salts of citric acid, Sodium salts of orthophosphoric acid, Magnesium chloride, Magnesium iodide, Copper gluconate, Sodium selenite, Sodium molybdate, Manganese sulphate, Chromium chloride, Iron pyrophosphate, Zinc sulphate, Natural banana flavour, Emulsifiers (Mono- and diglycerides of fatty acids, Sunflower lecithin), Microcrystalline cellulose and sodium carboxy methyl cellulose, Nicotinamide, Retinyl acetate, Calcium D-pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic acid, Pyridoxine hydrochloride, Thiamin mononitrate, Riboflavin, DL-alpha tocopheryl acetate, Phylloquinone, Sodium L-ascorbate, Gellan gum, Carotene

### DOUBLE CHOCOLATE

Water, Maltodextrin, Milk proteins, Vegetable oils (Rapeseed, Sunflower), Sugar, Cocoa powder, Chocolate (Milk), Sodium citrate, Potassium chloride, Potassium iodide, Magnesium salts of citric acid, Sodium salts of orthophosphoric acid, Magnesium chloride, Potassium iodide, Copper gluconate, Sodium selenite, Sodium molybdate, Manganese sulphate, Chromium chloride, Iron pyrophosphate, Zinc sulphate, Natural vanilla flavour, Emulsifiers (Mono- and diglycerides of fatty acids, Sunflower lecithin), Microcrystalline cellulose and sodium carboxy methyl cellulose, Nicotinamide, Retinyl acetate, Calcium D-pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic acid, Pyridoxine hydrochloride, Thiamin mononitrate, Riboflavin, DL-alpha tocopheryl acetate, Phylloquinone, Sodium L-ascorbate, Gellan gum

### STRAWBERRY BURST

Water, Maltodextrin, Milk proteins, Vegetable oils (Rapeseed, Sunflower), Sugar, Sodium citrate, Potassium chloride, Potassium citrate, Magnesium salts of citric acid, Sodium salts of orthophosphoric acid, Magnesium chloride, Potassium iodide, Copper gluconate, Sodium selenite, Sodium molybdate, Manganese sulphate, Chromium chloride, Iron pyrophosphate, Zinc sulphate, Natural strawberry flavour, Emulsifiers (Mono- and diglycerides of fatty acids, Sunflower lecithin), Microcrystalline cellulose and sodium carboxy methyl cellulose, Nicotinamide, Retinyl acetate, Calcium D-pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic acid, Pyridoxine hydrochloride, Thiamin mononitrate, Riboflavin, DL-alpha tocopheryl acetate, Phylloquinone, Sodium L-ascorbate, Gellan gum, Carmine

### SMOOTH VANILLA

Water, Maltodextrin, Milk proteins, Vegetable oils (Rapeseed, Sunflower), Sugar, Sodium citrate, Potassium chloride, Potassium citrate, Magnesium salts of citric acid, Sodium salts of orthophosphoric acid, Magnesium chloride, Potassium iodide, Copper gluconate, Sodium selenite, Sodium molybdate, Manganese sulphate, Chromium chloride, Iron pyrophosphate, Zinc sulphate, Natural vanilla flavour, Emulsifiers (Mono- and diglycerides of fatty acids, Sunflower lecithin), Microcrystalline cellulose and sodium carboxy methyl cellulose, Nicotinamide, Retinyl acetate, Calcium D-pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic acid, Pyridoxine hydrochloride, Thiamin mononitrate, Riboflavin, DL-alpha tocopheryl acetate, Phylloquinone, Sodium L-ascorbate, Gellan gum, Carotene

May contain: Soy

## OTHER INFORMATION\*

Osmolarity (mOsmol/l)	483**	528***	
Osmolality (mOsmol/kg H2O)	628**	692***	
Potential Renal Solute Load*	mOsm/l	534	
Energy Distribution	Protein	%	19
	Carbohydrate	%	45
	Fat	%	36

\*\*Smooth Vanilla, Strawberry Burst and Banana Milkshake flavour

\*\*\*Double Chocolate flavour

## NUTRITIONAL INFORMATION

Flavour	Typical values	BANANA MILKSHAKE		DOUBLE CHOCOLATE		STRAWBERRY BURST		SMOOTH VANILLA		
		per 100ml	Per 200 ml serving	per 100ml	Per 200 ml serving	per 100ml	Per 200 ml serving	per 100ml	Per 200 ml serving	
Energy	KJ	630	1260	630	1260	630	1260	630	1260	
	kcal	150	300	150	300	150	300	150	300	
Fat	g	6.0	12.0	6.0	12.0	6.0	12.0	6.0	12.0	
	saturates	g	0.6	1.2	0.6	1.2	0.6	1.2	0.6	1.2
polyunsaturates	g	2.3	4.6	1.9	3.8	2.3	4.6	2.3	4.6	
	Carbohydrate	g	17	34	17	34	17	34	17	34
sugars	g	6.8	13.6	6.0	12.0	6.8	13.6	6.8	13.6	
	Fibre	g	0	0	0.6	1.2	0	0	0	0
Protein	g	7.0	14.0	7.0	14.0	7.0	14.0	7.0	14.0	
	Salt	g	0.2	0.4	0.2	0.4	0.2	0.4	0.2	0.4
<b>Vitamins</b>										
Vitamin A (RE)	µg	125	250	125	250	125	250	125	250	
Vitamin D	µg	2.5	5.0	2.5	5.0	2.5	5.0	2.5	5.0	
Vitamin K	µg	8.0	16	8.0	16	8.0	16	8.0	16	
Vitamin C	mg	15	30	15	30	15	30	15	30	
Thiamin	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25	0.50	
Riboflavin	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25	0.50	
Vitamin B6	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25	0.50	
Niacin (NE)	mg	3.5	7.0	3.5	7.0	3.5	7.0	3.5	7.0	
Folic Acid	µg	40.0	80.0	40.0	80.0	40.0	80.0	40.0	80.0	
Vitamin B12	µg	0.50	1.0	0.50	1.0	0.50	1.0	0.50	1.0	
Pantothenic acid	mg	0.80	1.6	0.80	1.6	0.80	1.6	0.80	1.6	
Biotin	µg	5.0	10	5.0	10	5.0	10	5.0	10	
Vitamin E (alpha TE)	mg	2.0	4.0	2.0	4.0	2.0	4.0	2.0	4.0	
<b>Minerals</b>										
Sodium	mg	80.0	160	80.0	160	80.0	160	80.0	160	
	mmol	3.48	6.96	3.48	6.96	3.48	6.96	3.48	6.96	
Chloride	mg	95.0	190	95.0	190	95.0	190	95.0	190	
	mmol	2.68	5.37	2.68	5.37	2.68	5.37	2.68	5.37	
Potassium	mg	150	300	150	300	150	300	150	300	
	mmol	3.85	7.69	3.85	7.69	3.85	7.69	3.85	7.69	
Calcium	mg	115	230	115	230	115	230	115	230	
	mmol	2.88	5.75	2.88	5.75	2.88	5.75	2.88	5.75	
Phosphorus	mg	90.0	180	90.0	180	90.0	180	90.0	180	
	mmol	2.90	5.81	2.90	5.81	2.90	5.81	2.90	5.81	
Magnesium	mg	25.0	50.0	25.0	50.0	25.0	50.0	25.0	50.0	
	mmol	1.03	2.06	1.03	2.06	1.03	2.06	1.03	2.06	
Iron	mg	2.5	5.0	2.5	5.0	2.5	5.0	2.5	5.0	
	µg	1.8	3.6	1.8	3.6	1.8	3.6	1.8	3.6	
Copper	µg	270	540	270	540	270	540	270	540	
	µg	20.0	40.0	20.0	40.0	20.0	40.0	20.0	40.0	
Iodine	µg	8.5	17	8.5	17	8.5	17	8.5	17	
	µg	0.5	1.0	0.5	1.0	0.5	1.0	0.5	1.0	
Manganese	µg	10	20	10	20	10	20	10	20	
	µg	15	30	15	30	15	30	15	30	
Chromium	µg	10	20	10	20	10	20	10	20	
	µg	15	30	15	30	15	30	15	30	
Molybdenum	µg	15	30	15	30	15	30	15	30	
	µg	15	30	15	30	15	30	15	30	